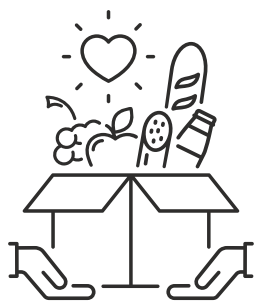


Lubbock Resource Pocket Pal



A Directory of resources
available in Lubbock, TX.
Updated Jun 2025



Food Pantries*, Vouchers*, & Hot Meals*

Despensa de Alimentos*, Vales*, Y Comidas Calientes*

Booker T. Washington Community Garden* 2109 Cedar Ave
Community Garden open Monday, Wednesday, Friday, & Some Saturdays
11 am-1 pm Winter Season | 9 am-11 am Summer Season

Carpenter's Kitchen* 1924 Broadway | 806-763-0464
Soup Kitchen - Serves every Sunday @ 12 pm

Catholic Family Charities* 102 Ave J | 806-765-8475
Mon-Fri 8 am-5 pm

East Lubbock Art House* 405 MLK Jr Blvd | 979-338-9238
Community Fridge Open 24/7 - Take as Needed

First Baptist Church* 2101 Broadway | 806-747-0281
Thurs. 2-4 pm. Photo ID, Proof of Residency

First United Methodist* 1411 Broadway St | 806-763-4607
Free Meal Tue, Thu, & Sat 10:30 am-1 pm

Green Lawn Church of Christ* 5701 19th St | 806-795-4377
Food Pantry Mon 1-3 pm, Thu 9-11 am, 2nd & 4th Saturdays 10 am-12 pm

Heart of Lubbock* 2324 21st St | 806-742-2856
Community Garden Open 24/7

Helping Hands* 4501 University | 806-792-5562
Outdoor Mini Community Pantry Open 24/7

Hope Community of Shalom* 2005 Ave T | 806-762-0829
Sunday ONLY 5-6pm

Kingdom Co-Op* 2005 Ave T | 806-7762-0829
Community Meal Sun 5-6pm

Lubbock Dream Center* 1111 30th St | 806-793-3336
Food Pantry Saturday @ 8:15am (arrive before 9am to receive groceries)

Lubbock Impact** 2707 34th St | 806-799-4329
Food Pantry Open Mon 5-6:30pm & Thu 9:30-11:30am | Community Meal
Tue 6pm

Upbring Neighborhood House* 1212 13th Suite 102 | 806-589-1097
Photo ID, SSN, Proof of Residency
Mon-Fri 1-3pm

Raider Red's Food Pantry* TTU Students ONLY | (806) 742-1932
Drane Hall, Lubbock, TX 79410
TTU ID Required, 3 visits per semester, Tues & Wed 10am-3pm

South Plains Food Bank** 5605 MLK Jr Blvd | 806-763-3003
Mon-Wed Vouchers from outside agencies accepted

Salvation Army* 1111 16th St | 806-765-9434
Sack Lunches Mon, Wed & Fri 11-11:45am

St Benedicts* 1615 28th St | 806-319-5528
To-Go Style Meals Mon-Sat 5-6pm

St Christopher's* 2807 34th St | 806-799-8208
Food Pantry Tue 9-11am

St Paul's Plains Episcopal* 1510 Ave X | 806-762-2893
Lunch Bags Tue & Thu 9am-3pm

Texas Health & Human Services* 1716 Parkway Dr | 877-541-7905
Food Stamps (SNAP & WIC) Mon-Fri 8am-5pm Apply Online 24/7



Clothing Closets

Armario de Ropa

Broadway Church of Christ 1924 Broadway Tu 9:30-11:15a	806-763-0464. Appointment ONLY	St Paul's Plains Episcopal 1510 Ave X Tues.-Sat. 10a-1p	806-762-2893 Voucher every quarter
Catholic Charities Family Resale Center 102 Ave J Mon.-Fri. 10am-3pm	806-765-8475 Every 6 months	Susie's Closet 1701 Parkway Dr. Tues. & Thurs. 1-4p	806-368-8225 Photo ID, SSN
Greenlawn Church of Christ 5701 19th St Mon 1-3p & Th 9-11a Every 2nd & 4th Sat. 10-12p	806-795-4377 Photo ID	Highland Baptist Church 4316 34th St The Baby Closet 0-4yrs old Tu & Wed	806-795-6453 Pampers, wipes & formula
Hope Community of Shalom 2005 Ave T	806- 762- 0829	Sparkle 'N Flair Boutique & Coffee 2614 130 th St Suite 3	(Message on Social Media)
Lubbock Dream Center 1111 30th St Mon 5-6:30pm Tues & Thurs 9:30am-11:30am	806-793-3336 Photo ID, SSN, Birth Certificate for minors	Guadalupe Economic Services Corporation's Genesis Thrift Store 1502 Erskine St Mon-Thurs: 9am-3pm	806- 744- 4416
Lubbock Impact 2707 34th Street Mon 5-6:30pm Tu & Th 9:30-11:30a & 5-7p	806-799-4329 Appointment ONLY		



Shelters & Treatment Centers

Albergues Y Centros de Tratamiento

Alcoholic Recovery Center 608 17th St. Male Residential	806-762-5626	Lubbock Lighthouse 1308 Ave Q	806-744-3419 Outpatient Methadone Clinic
Aspire Recovery Centers Intensive outpatient treatment center	806-589-5911	Malta Farms 13908 FM 400 Application required	806-928-8738 Transitional housing for men
Catholic Charities 102 Ave J	806-765-8475	New Legacy Home for Women 3003 Ave J	806-749-7078 Application required
Family Promise 1319 15th Street Application & interview required Only 3 families at a time	806-744-5035 Non-emergency shelter 18 yrs and younger	Open Door 1916 13th Street	806-687-6876 Homeless ONLY
Firesky Ranch Residential Center 1816 FM 2378		Salvation Army 1111 16th St Emergency Shelter	806-765-9434 Photo ID, SSN
Grace Campus-Tent City 1301 Ave A	806-632-7709 Transitional homeless	The Lodge Men's sober living home	806-589-5911
Housing Authority 708 Crickets	806-762-1191	Women's Protective Services Victims of domestic violence (Women/children)	806-747-6491 Non-Residential services for men
Lubbock Faith Center 2809 Clovis Road Male & Female residential Must be employed	806-762-8086 Attend classes FEE: \$130/wk or \$500/mo for rent & groups. Stay 30days-6mos	Managed Care Center 1715 26th Street Set 111 Mon.-Fri.: 8am-11am	806-780-8300 Screening: First 10 people Youth: Wed. 2-4pm
Broadway Church of Christ 1924 Broadway Rm 138	806-763-0464. Celebrate recovery(7pm-8pm Thurs)	Oxford House	806-231-2101 Sober living home
Stages of Recovery Substance Use, Mental Health Treatment; Transitional Housing	806-412-4721 Uninsured, Medicaid, Insured	Genie Farley Harriman Center Cochran County Women & Children	806-657-7124



Medical & Dental

Medico Y Dental

Arnett Benson

3301 Clovis Rd Medical Mon.-Fri.
8am-5pm 1st and 3rd Saturday a
month 8am-5pm

806-763-5557

Dental Mon., Tue., Wed 8am-7pm
Thurs, Fri 8am-5pm

Lubbock Lighthouse

1308 Ave Q Outpatient
Methadone Clinic

806- 744- 3419

Broadway Church of Christ

1924 Broadway
Prescription refill if it is filled with

806-763-0464

Photo ID
Non-narcotic Rx ONLY

Mobile Dental & Medical

Appointment Services: Adult

806-765-2611
Children, Seniors

Blue Card 3204 4th Street

806- 775- 9014

Open Door 1916 13th St

806- 687- 6876

Catholic Family Charities

102 Ave J Prescriptions Mon.-Fri.
8am-5pm

806-765-8475

Assistance for: eye exams &
glasses for adults

Parkridge Pregnancy Clinic

5203 79th Suite
A Free pregnancy test, STD testing, &
ultra sound and counseling

806-764-8555
Parkridge.org
Mon.-Thurs. 9am-5pm

Comm. Health Center of LBK (CHCL)

1610 5th (Main Center)

806-765-2611

Photo ID, Proof of income

Sick Children's Clinic 1002 Ave A

806-762-1805
Free medical for kids under 16

For Her

2309 Broadway Mon.-Thurs. 8:15am-
5pm

806-788-0500 Urine Pregnancy
Testing Pregnancy confirmation
through limited ultrasound

Star Care In Crisis Call 806-740-1414

Crisis Hotline
1- 800- 687- 7581

Larry Combest Community

416 Frankford Ave & 301 40th Street

806-743-9355 Appointment ONLY
Mon.-Fri. 8am-5pm

Veterans Affairs Clinic

3510 4th Street Mon.-Fri.
8am-4:30pm Lubbock VA
Clinic

In crisis call
1- 800- 273- 8255

Lubbock Impact

2707 34th St

806- 799- 4329

Dental and eyes by appointment ONLY

City of Lubbock Public Health

806 18th St

806-773-2933
Mon-Thurs 8a-5p, Fri 8a-12p

Health for Friends Clinic

6501 University Ave Suite 504

806-696-6240
Diabetic testing, screenings, and
consultations



Offender & Legal

AyudaLegal



Rent & Utilities

Alquiler Y Utilidades

Legal Aid on Northwest 1711 Ave J	806- 763- 4557 Application required, call for appt.	Lubbock Dream Center 1111 30th St Mon. & Tues. 1:30-2:30p	806-793-3336 Appointments for utilities ONLY
St John's United Methodist Texas Tech Legal Aid 2nd & 4th Tues of the month	806- 762- 0123	Lubbock County General 916 Main Suite 104 Mon. - Fri. 8am-5pm Closed from 12-1pm	806-775-1605 Photo ID, SSN No deposit of any kind. Utilities must be in service!
Texas Department of Criminal Justice 409 50 th Street	806-747-8282	Neighborhood House 1212 13th Suite 102 Mon.- Fri. 8am-5pm	806-741-0459 Phone calls on Monday's to schedule for utilities. Appointment ONLY
Women's Protective Services Victims of domestic violence	806-747-6491 Can help men with legal and non-residential services	Salvation Army 1614 Ave J Call Monday @ 9am	806-765-9434 Utilities ONLY with disconnection
		Catholic Charities 102 Ave J	806-765-8475
		Love the Hub 10306 Indiana Ave	806- 404- 4966



Education

Educacion

Goodwill Industries 1715 28th Street	806-744-8419 Job search,
Literacy of Lubbock	806-775-3636
LISD Special Services	806-219-0000
Lubbock Dream Center 1111 30th St	806-793-3336 GED Prep and Testing, TX Real Estate Exams
WorkForce Solutions Career 2002 W Loop 289 Suite #117 Mon-Fri: 8am-5pm	806-765-5038
Catholic Charities 102 Ave J Mon-Fr. 10am-3pm	806-765-8575 Every 6 Months
Sustainable Food Center 102 Ave J Mon.-Fri. 10am-3pm	806-337-2256 Locations Vary - Provides FREE 6 week peer facilitated cooking classes



Transportation

Transporte

City Bus (South Plains Food Bank)	806-763-3003. Must be approved for voucher first
Westminster Presbyterian Church	806-640-8295
Spartan Public Transportation	806- 598- 6090



Laundry

Lavadero

Westminster Presbyterian

(Loads of Love)

3308 34th Street

Wed 9:30-3:30p & 4th

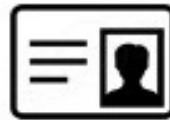
Saturday of every month

806-722-7427

Soap Provided Free

Playroom for kids

\$0.25 per load 2 loads per day



Identification

Identificacion

Open Door

1916 13th St

806-687-6876

Unknown if currently providing with
this service - call for more info.

Community Meals in Lubbock

(At no cost to the public)

Breakfast

Salvation Army @ 6am (Monday-Sunday)
Burritos at 14th/Ave T (Saturday)
St. Benadict's @ 8:30am (Sunday)

Lunch

Salvation Army @ 12-12:30 (Monday, Wednesday, Friday)
First UMC Outreach Center @ 12-12:30 (Tuesday, Thursday, Saturday)
Carpenter's Kitchen @ 12 (Sunday)

Dinner

Salvation Army @ 5pm (Monday-Sunday)
Burritos at 14th/Ave T @ 6:30pm (Friday)
St. Benadict's @ 5pm (Monday-Sunday)
Lubbock Impact @ 5:30 (Wednesday)

LOCATIONS & PHONE NUMBERS

The Salvation Army: 1111 16th (17th & Ave J) 765-9434 - ID required
St. Benadict's Chapel: 1308 Broadway (Broadway & Ave L) 771-9152
Carpenter's Kitchen: 1810 Main (Main & Ave S) 763-0464
First UMC Outreach Center: 1520 13th St (13th & Ave O) 763-4607
Fiesta Domingo at HOPE Community of Shalom: 2005 Ave T (20th & Ave T) 762-0829
Lubbock Impact: 2707 34th St (34th & Boston) 799-4320
Carpenter's Church Day Center: 1916 13th St (13th & Ave T) 687-2453
Grace Campus: 13th & Ave A